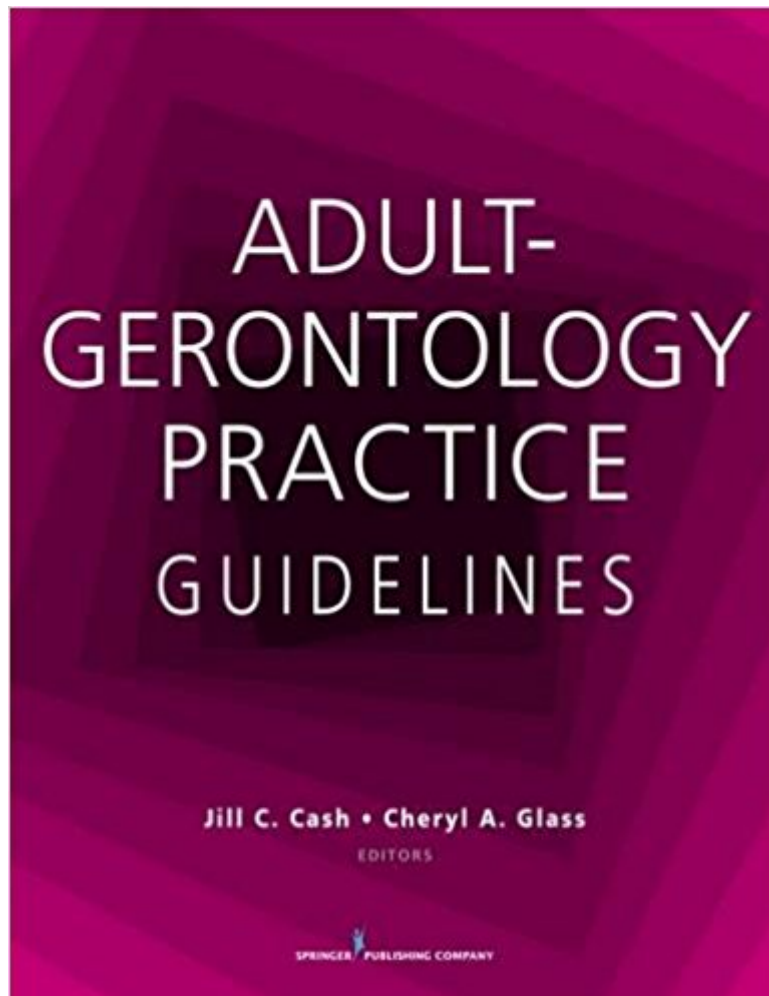




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Adult-Gerontology Practice Guidelines



Synopsis

Because of the way it is organized, this book meets the needs of both novice and experienced advance practice nurses. Each chapter defines the problem, how often it occurs, and what leads to the problem. To aid in assessment, the book includes the physical examination landmarks as well as diagnostic tests that might be needed. A plan of care is offered with several different alternatives for treatment and then notes what type of follow-up is needed. This would be a great resource for anyone working in the field of geriatrics...Score: 92 - 4

Stars! Carol Ann Siem, MSN, MU Sinclair School of Nursing, Doody's Reviews

The first book to encompass adult-gerontology practice guidelines for primary care, this comprehensive resource is designed as a text and reference for health care practitioners specializing as adult-gerontology nurse practitioners (A-GNP). It provides current national practice guidelines for delivering high-quality primary health care to adult, older adult, and pregnant patients in the outpatient setting. The book delivers chapters that focus on the older adult person, including a chapter describing the major effects of aging on each body system. For quick and easy access, practice guidelines are organized primarily by body system, disorders listed alphabetically within each body system, and each disorder presented in a consistent format throughout. With an emphasis on history taking, the physical exam, and key features of the aging population, each of the more than 240 disorder guidelines include definition, incidence, pathogenesis, predisposing factors, common complaints, other signs and symptoms, subjective data, physical exam, diagnostic tests, differential diagnoses, plan of care, health promotion including dietary recommendations, follow-up guidelines, and tips for consultation/referral. Particularly useful features include "Practice Pointers" highlighting crucial information for a disorder and bold-faced "Alerts" from experienced practitioners. The book also describes 19 procedures commonly used within the office or clinic setting. More than 140 Patient Teaching Guides are included (perforated for ease of use) as well as in digital format for customizing and printing. These include important information for patients about safety and medications. Appendices feature normal lab values and dietary guidelines.

Key Features: Focuses specifically on the adult, older adult, and pregnant patient populations
Delivers consistent presentation of more than 240 disorders by body system for ease of access
Step-by-step review of 19 commonly used procedures
"Practice Pointers" indicate highly important care points
Includes more than 140 extensive Patient Teaching Guides for "take home" information
Useful as a review text when preparing to take the A-GNP certification course and exam

Book Information

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[> Medicine & Health Sciences > Nursing > Clinical > Gerontology](#) #11 in [Books > Medical](#)

[Books > Nursing > Nurse-Patient Relations](#)

Customer Reviews

Jill C. Cash, MSN, APRN, FNP-BC, a family nurse practitioner for over 20 years, currently practices as a family nurse practitioner at the Vanderbilt Medical Group, Westhaven Family Practice, in Franklin, Tennessee. Her past experience includes teaching as an instructor for the School of Nursing, Southern Illinois University in Edwardsville and Carbondale, Illinois, in the undergraduate BSN program and the graduate NP program. She has been a clinical preceptor for a variety of programs. Her previous experience includes high risk obstetrics as a clinical nurse specialist in maternal-fetal medicine at Vanderbilt University Medical Center, rheumatology in the outpatient setting, women's health in the outpatient setting, and providing wound care in skilled nursing facilities. She has served as a member and officer on numerous boards which include Hospice of Southern Illinois, the Marion Memorial Health Foundation, the American Cancer Society, and Women for Health and Wellness in Southern Illinois. Ms. Cash has authored several chapters in other textbooks and is the co-author of Family Practice Guidelines, first, second, third, and fourth editions, and Adult-Gerontology Practice Guidelines. Most recently, she was awarded the 2017 AANP Nurse Practitioner State Award for Excellence from Illinois.

Absolutely amazing for students or practitioner

I like this book as a guide for studying for the boards. Great format to follow and very informative in each topic. Thank you, helped with passing the NP boards.

This was a fantastic review. The only thing I did not like is that you had to go in order and complete each section before attempting the review test after each section. Be prepared it is very time consuming.

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